

JONAH

Post-Show Reflections

Writing Prompts:

- What was my first sacred space?
- How do I ground myself?
- What does security look like?
- What am I afraid of never having?
- What am I afraid of never being/becoming?
- What am I afraid of never seeing?
- What mark do I want to make on the people I love?

Fill in the blanks:

- My creative practice is _____.
- I feel _____ about my creative practice.
- _____ changed/changes my creative practice.
- My creative practice will _____ me.
- I want my creative practice to change _____.

Use your words:

Use five words to describe how *Jonah* made you feel

